DARIEN YMCA
LARGE POOL SCHEDULE
MONDAY, MARCH 06 TH - SUNDAY, MARCH 12 TH, 2017 / "Session Break Week"

	MONDAY 3/06	TUESDAY 3/7	WEDNESDAY 3/8	THURSDAY 3/9	FRIDAY 3/10	SATURDAY 3/11	SUNDAY 3/12
5:00 AM	ADULT REC 5 - 9:00 am	Adult Rec 5 - 5:15 am	ADULT REC 5 - 9:00 am	Adult Rec 5 - 5:15 am	ADULT REC 5 AM - 9 AM	CLOSED	CLOSED
5:15 AM		Adult Rec 5:15 - 7 am 2 lanes / Y Sw. Tm. 5:15 - 7 am 4 lanes		Adult Rec 5:15 - 7 am 2 lanes / Y Sw. Tm. 5:15 - 7 am 4 lanes			
7:00 AM		ADULT REC 7 - 9:30 AM		ADULT REC 7 - 9 AM		Ad. Rec. 7 - 8am 2 lanes / Y Sw. Tm. 7 - 8am 4 lanes	
8:00 AM						Adult Rec. 8 am - 9 am	ADULT REC 8:00 - 1 pm
9:00 AM	AQUA ZUMBA 9 - 10 am / ADULT REC 9 - 10 am		Deep Core 9 - 10 am / ADULT REC 9 - 10 am	HYDRO HIIT 9 - 10 am / ADULT REC 9 - 10 am	HYDRO HIIT 9 - 10 am / ADULT REC 9 - 10 am	Y Swim Tm & lessons 9 am - 10 am	
9:30 AM		Aqua Zumba 9:30 - 10:15 / Adult Rec. 9:30 - 10:15				Y Swim Tm 10-11:15 am / Special Olympics 10-11:15 am	
10:00 AM	ADULT RECR. 10 - 10:30 am		ADULT RECR. 10 - 10:30 am	ADULT RECR. 10 - 10:30 am	ADULT RECR. 10 - 10:30 am		
10:15 AM		ADULT RECR. 10:15 - 10:30 am					
10:30 AM	MASTERS 10:30-11:30 3 LANES / AD. REC 10:30-11:30 3 LANES	MASTERS 10:30-11:30 3 LANES / AD. REC 10:30-11:30 3 LANES	MASTERS 10:30-11:30 3 LANES / AD. REC 10:30-11:30 3 LANES	MASTERS 10:30-11:30 3 LANES / AD. REC 10:30-11:30 3 LANES	MASTERS 10:30-11:30 3 LANES / AD. REC 10:30-11:30 3 LANES		
11:30 AM	ADULT REC 11:30 am - 2:45 pm	ADULT REC 11:30 am - 2:45 pm	ADULT REC 11:30 am - 2:45 pm	ADULT REC 11:30 am - 2:45 pm	ADULT REC 11:30 am - 2:45 pm	ADULT REC 11:15 AM - 1:30 PM	
12:30 PM							
1:00 PM							ADULT RECR 1:00 PM 5:00 PM / ALL AGE RECR 1:00 PM 5:00 PM
1:30 PM						ADULT REC 1:30 PM 6:00 PM / B' DAY PARTIES & All Age Rec. 1:30 PM 6:00 PM	
2:45 PM	Darien High School Swim Team 2:45 - 4:45 pm	Darien High School Swim Team 2:45 - 4:45 pm	Darien High School Swim Team 2:45 - 4:45 pm	Darien High School Swim Team 2:45 - 4:45 pm	Darien High School Swim Team 2:45 - 4:45 pm		
4:15 PM	"Y" SWIM TEAM 4:45 - 8:15 PM	Y Sw. Tm. 4:45-5:30pm 4 lanes / Lessons 4:45-5:30pm 2 lanes	"Y" SWIM TEAM 4:45 - 8:15 PM	Y Sw. Tm. 4:45-5:30pm 4 lanes / Lessons 4:45-5:30pm 2 lanes	YMCA SWIM TEAM 4:45 - 7 PM		
4:45 PM							
5:00 PM							Ad. Recr. 5 - 5:45 pm
5:30 PM		ADULT REC 5:30 - 6:30 PM		ADULT REC 5:30 - 6:30 PM			
5:45 PM							
6:30 PM		YMCA SWIM TEAM 6:30 - 9 PM		YMCA SWIM TEAM 6:30 - 8:30 PM		AD. REC 6 - 6:45	PL. CL. @ 5:45PM
7:00 PM					YMCA SPECIAL EVENT 7 - 8 PM		
8:00 PM						PL. CL. @ 6:45 PM	
8:15 PM	ADULT REC 8:15 - 9:45 pm		ADULT REC 8:15 - 9:45 pm		Ad. Rec. 8 - 9 pm / All Age Rc. 8 - 9 pm		
8:30 PM				ADULT REC 8:30 - 9:45 pm			
9:00 PM		ADULT REC 9 - 9:45 pm			ADULT REC 9 - 9:45 pm		
9:45 PM	POOL CLOSES @ 9:45 PM						