



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STRONG PAST BRIGHT FUTURE



DARIEN YMCA 2018 IMPACT REPORT

# OUR MISSION

To put Christian principles into practice throughout programs that **build healthy spirit, mind and body for all.**

The Darien YMCA is an independent, not-for-profit association whose purpose is to **provide its members and the greater community opportunities for personal growth.** The Darien YMCA offers programs for individuals and families which **promote healthy lives through the development of body, mind and spirit.**



Dear Friends,

**F**or over 50 years, the Darien YMCA has made valuable contributions to our community in the areas of youth development, healthy living and social responsibility. Our impact can be seen in improved health and wellness, teaching important life skills to local youth, and helping individuals who are less fortunate by providing them with access to our programs.

The Y gives children, families and individuals the support and resources they need to be more healthy, confident, connected and secure. We believe the Y must continue to lead the way to a brighter future. Our staff and volunteers are dedicated to working to serve the needs in the community as we develop our new strategic plan. We will partner and collaborate with local organizations to deepen our impact.

In the area of youth development, we continue to provide programs for children to step away from their electronic screens and the couch to learn not just athletic skills but also important social and life skills. Our support of healthy living is more important than ever considering the high level of stress in our community. And in terms of social responsibility, we want to be able to continue to provide for all families, regardless of their ability to pay, scholarships for membership and programs. In 2018, we provided over \$600,000 in financial assistance for our programs and services. We count on the generosity of our members, partners, and volunteers to help us continue to make a positive impact on our community.

We are grateful for devoted volunteers and generous donors who believe in our ability to transform lives and share in our passion to make a difference. Working together, we can create an even brighter future.

For a Better Us,



A blue ink signature of Jennifer Gardner.

**Jennifer Gardner**  
CEO



A blue ink signature of John Schrenker.

**John Schrenker**  
Board President

# LEADERSHIP

## Board of Directors

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# FOSTERING YOUTH DEVELOPMENT

- **More than 1250 kids** learned the value of sportsmanship and gained confidence in their athletic abilities while participating in the only basketball program in town.
- **1990 kids** learned the basic survival skill of swimming to keep them safe around the water.
- **Over 20% of Darien kindergarteners** graduated from Holly Pond School where they learned social emotional learning, pre-reading skills, and number concepts that help with math skills.
- **Over 125 kids** came to the Y for the only after school care program in town where they can be active and engage in structured play.



# EMPOWERING HEALTHY LIVING

- **Over 20 cancer survivors** gained their strength and confidence back by working with cancer rehabilitation specialists in our “Revive” cancer rehabilitation program.



- **Every week 420 individuals** reduced their stress levels and increased their awareness of their body through our mind/body studio classes.

- **Over 690 kids** unplugged from screens and engaged in active outdoor play at our summer camp.



- **Every week 205 seniors** enjoyed the camaraderie and cardio benefits of our aqua aerobics classes.

# INSPIRING SOCIAL RESPONSIBILITY

- Through the help of our donors, **178 kids** attended camp whose families could not afford it. These kids developed new skills made new friends, and participated in exciting adventures.
- **145 Darien first responders and clergy** received free memberships to honor them for their efforts in strengthening our community.
- **150 books and pairs of pajamas** were donated by Holly Pond School families to encourage literacy amongst low income children.
- Children with special needs developed valuable physical and social skills in the safe and caring environment of our **40 special needs programs.**
- **45 volunteers** developed friendships with children in special needs programs, helping them feel a sense of belonging.



# THANK YOU TO OUR DONORS

## **Benefactor (\$5,000 and over)**

Darien Athletic Fund, Inc.  
Meredith & Whitney George  
Catherine Jefferson Foundation  
Katie Kidder  
Robert McMullan  
Nemo Tile  
Sherry & Brian Ramsay  
Janet Seidler

## **Leader (\$1,000 to \$4,999)**

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Stacie & Dan Allen  
Alliance Heating-Air Conditioning  
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Baylis Charitable Fund  
Jessica & John Baylis  
Carrie Bernier & Terrence Petti



# THANK YOU TO OUR DONORS

Meghana Bhat & Robert Orr  
Jodie & James Bishop  
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Pam & Andrew Whitaker  
Jay & Terrie Wood  
Rev. Susan Wyper  
Nancy Zermani



# THANK YOU TO OUR DONORS

## Friend (Up to \$249)

Charles Ainsworth

Gail & Oliver Althoff

Kesti & Gordon Aysseh

Averill Babson & Gregory Sohns

Nora Baker

Ximena Barrera

Michael Barret

Baybrent Construction Corp.

Community Benevity

Mary & James Bennett

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Rodger Smith

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Anne Marie & Frank Taylor

Jacqueline & Jerry Telgheder

The Growing Concern

Benjamin Valentine

Anna Van Orden

Matthew Vitolo

Lindsay & Craig Warnke

Liz & Chris Whitney

Laura Wyatt

Nicholas Zagoreos

Rachel & Taymore Zarghami

# 2018 STATEMENT OF ACTIVITIES

## PUBLIC SUPPORT & REVENUE

	2018			2017		
	Without Restrictions	With Donor Restrictions	Total	Without Restrictions	With Donor Restrictions	Total
Program Service Fees	5,931,574	-	5,931,574	5,713,910	0	5,713,910
Membership Fees	2,970,629	-	2,970,629	3,065,645	0	3,065,645
Contributions	146,252	-	146,252	112,136	2,000	114,136
Other Revenue	278,104	-	278,104	268,940	0	268,940
Investment Return, Net	10,743	(7,877)	2,866	7,898	13,085	20,583
		-			0	0
Net Assets release from restrictions	126,996	(126,996)	0	40,321	-40,321	4,193
		-				
<b>Total Revenue and Support</b>	<b>9,464,298</b>	<b>(134,873)</b>	<b>9,329,425</b>	<b>9,208,850</b>	<b>(25,236)</b>	<b>9,183,614</b>

## EXPENSES

	2018			2017		
	Without Restrictions	With Donor Restrictions	Total	Without Restrictions	With Donor Restrictions	Total
Program Services	8,397,628	-	8,397,628	8,260,004	0	8,260,004
Fundraising	79,203	-	79,203	35,250	0	35,250
Administration	1,281,953	-	1,281,953	1,199,857	0	1,199,857
Interest Expense	160,134	-	160,134	145,914	0	145,914
<b>Total Expenses</b>	<b>9,918,918</b>	<b>0</b>	<b>9,918,918</b>	<b>9,641,025</b>	<b>0</b>	<b>9,641,025</b>
<b>Change in Net Assets</b>	<b>(454,620)</b>	<b>(134,873)</b>	<b>(589,493)</b>	<b>(432,175)</b>	<b>(25,236)</b>	<b>(457,411)</b>
<b>Net Assets - Beginning of Year</b>	<b>13,234,087</b>	<b>313,445</b>	<b>13,547,532</b>	<b>13,666,262</b>	<b>338,681</b>	<b>14,004,943</b>
<b>Net Assets - End of Year</b>	<b>\$12,779,467</b>	<b>\$178,572</b>	<b>\$12,958,039</b>	<b>\$13,234,087</b>	<b>\$313,445</b>	<b>\$13,547,532</b>



**DARIEN YMCA**

2420 Post Road, Darien, CT 06820

[darien-ymca.org](http://darien-ymca.org)