



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

November 28, 2023

Dear Darien YMCA Member,

We appreciate your loyalty and commitment to your health and to the YMCA. While we are a wellness and fitness, preschool and childcare center, we are also so much more to our members. As a cause-driven, non-profit organization, each day at the Y we nurture, build, and sustain relationships and strengthen individuals in spirit, mind and body. We are proud to be an integral part of the Darien community.

With the opening of our renovated Wellness and Training Centers featuring new flooring, improved lighting, and new cutting-edge fitness equipment, we look forward to continuing to partner with you to meet your needs and help you achieve your health and wellness goals in 2023.

At the Darien YMCA we proudly offer you:

- Upgraded fitness areas with new state-of-the-art equipment.
- Ongoing annual enhancements and improvements to our facility.
- The return of more onsite fitness classes so that members can experience a variety of workouts in person with fellow members.
- A robust library of virtual on-demand classes and programs coming in 2023 that will be included with your membership.
- Added pickleball time to give our members an opportunity to meet new people and build lasting relationships.
- Family memberships benefits that include babysitting and open gymnastics.
- Plus so much more!

Your membership also offers you Nationwide Membership privileges at over 3,000 YMCAs in the United States. Regardless of where you live, work, or travel, you can visit and exercise at a participating YMCA at no additional cost.

DARIEN YMCA

2420 Post Road
Darien, CT 06820

P 203-655-8228
F 203-656-2267

www.darien-ymca.org

To continue to provide you with quality offerings and to ensure a sustainable future, our monthly rates will increase nominally starting January 1, 2023.

Membership Type	Membership Description	Monthly	Annual
Family 1 Adult	One adult 23+, including children*	\$132	\$1,584
Family 2 Adults	Two adults 23+, including children*	\$185	\$2,220
Family 3 Adults	Three adults 23+, including children*	\$238	\$2,856
Family 4 Adults	Four adults 23+, including children*	\$291	\$3,492
Adult	One individual age 26+	\$110	\$1,320
Adult Couple	Two individuals age 26+	\$163	\$1,956
Senior	One senior age 65+	\$69	\$828
Senior Couple	Two seniors age 65+	\$122	\$1,464
Young Adult	One young adult age 19 - 25	\$69	\$828
Teen	One teen age 13 - 18		\$435
Youth	One child age 0 - 12		\$290

*Children – age 22 and under residing at the same address

We are conscious that everyone is experiencing rising costs in their everyday life and have worked diligently to be responsible stewards of our resources, so that we may keep memberships affordable.

We understand that any membership rate increase may cause hardship for some members. As a cause-driven organization, we believe that everyone should have an opportunity to learn, grow and thrive; therefore, we offer financial assistance to individuals for whom the cost of membership is a burden. Please visit us at Member Services or at www.darien-ymca.org/financial-assistance/ to learn more.

Again, we thank you for being a part of our Y family. We wish you and yours a happy and safe holiday season and a prosperous and healthy New Year.

With kind regards,



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