



DARIEN YMCA LARGE POOL SCHEDULE 3/18-6/11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-7:00 ADULT LAP	5:00-7:00 ADULT LAP	5:00-7:00 ADULT LAP	5:00-7:00 ADULT LAP	5:00-5:30 ADULT LAP 5:30-7:00 2 LANES SWIM TEAM 4 LANES ADULT	7:00-9:15 PIRANHA 4 LANES ADULT LAP 2 LANES	8:00-9:00 ADULT LAP
7:00-9:00 ADULT LAP	7:00-9:00 ADULT LAP	7:00-9:00 ADULT LAP	7:00-9:00 ADULT LAP	7:00-9:00 ADULT LAP	9:15-10:00 SWIM TEAM 2 LANES SWIM LESSONS 2 ADULT LAP 2 LANES	9:00-1:00 ADULT LAP
9:00-10:00 WATER EX 3 LANES ADULT LAP 3 LANES	9:00-10:00 WATER EX 3 LANES ADULT LAP 3 LANES	9:00-10:00 WATER EX 3 LANES ADULT LAP 3 LANES	9:00-10:00 WATER EX 3 LANES ADULT LAP 3 LANES	9:00-10:00 WATER EX 3 LANES ADULT LAP 3 LANES	10:00-11:00 4 LANES SWIM LESSONS 2 LANES SWIM TEAM	1:00-3:00 FAMILY SWIM ADULT LAP 3 LANES EACH
10:10-11:10 MASTERS 4 LANES ADULT LAP 2 LANES	10:10-11:10 MASTERS 4 LANES ADULT LAP 2 LANES	10:10-11:10 MASTERS 4 LANES ADULT LAP 2 LANES	10:10-11:10 MASTERS 4 LANES ADULT LAP 2 LANES	10:10-11:10 MASTERS 4 LANES ADULT LAP 2 LANES	11:00-1:15 4 LANES ADULT LAP 2 LANES SWIM LESSONS	3:00-4:45 ADULT LAP
		11:15-12:15 1 LANE PROGRAM USE	11:15-12:15 1 LANE PROGRAM USE	11:15-12:15 1 LANE PROGRAM USE		
11:15-2:45 ADULT LAP	11:15-2:45 ADULT LAP 1 LN PROGRAM USE	11:15-2:45 ADULT LAP	11:15-2:45 ADULT LAP	11:15-2:45 ADULT LAP	1:15-3:00 3 LANES FAMILY 3 LANES ADULT LAP	
2:45-4:45 SWIM TEAM	2:45-4:45 SWIM TEAM	2:45-4:45 SWIM TEAM	2:45-4:45 SWIM TEAM	3:00-4:45 SWIM TEAM	3:00-5:45 ADULT LAP	
4:45-7:15 SWIM TEAM	4:45-5:30 5 LANES LESSONS 1 LANE SWIM TEAM	4:45-7:15 SWIM TEAM	4:45-5:30 5 LANES LESSONS 1 LANE SWIM TEAM	4:45-6:15 SWIM TEAM		
7:15-8:15 2 LANES ADULT LAP 4 LANES SPECIAL OL	5:30-7:00 SWIM TEAM	7:15-8:15 2 LANES ADULT LAP 4 LANES SPECIAL OLYMPICS	5:30-7:00 SWIM TEAM	6:15-8:00 ADULT LAP 4 LANES FAMILY 2 LANES		
8:15-9:15 ADULT LAP	7:00-9:15 ADULT LAP	8:15-9:15 ADULT LAP	7:00-9:15 ADULT LAP	8:00-9:15 ADULT LAP		

LIFEGUARD TRAINING 3/22-24, 4/19-21, 5/2-4, 6/9 will use 1-2 lanes for training purposes, APP schedule will be updated accordingly