NE SWIMMING	**Shawmut Candy Cane Classic** **MIT** **December 12-15, 2024** Held under the sanction of USA Swimming/New England: NE25-1212SAC	**Hosted by** ***SSRP***

Meet Director	Susan Trainer	riswimsac@gmail.com	5084460437
Meet Referee	Dick Pariseault	rpariseault@aol.com	
Entry Chair	Carol Healey	riswimsac@gmail.com	781-540-9026
Admin Official	Carol Healey	riswimsac@gmail.com	781-540-9026
Safety Monitor	Susan Trainer	riswimsac@gmail.com	5084460437

SESSIONS:

Date	Session Name	Warm up	Start
December 12	Open: Distance 50's Shoot out	5pm	6pm
December 13-15	13 & Over Prelims	7:30am	8:30am
December 13-15	11-12 Prelims, 10 & Under TF	1pm	1:40pm
December 13-15	111 & Over Finals	5pm	5:40pm
The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received. **Any updated session times received from the meet host will be reflected on the EVENT page of the neswim.com website.**			

IMPORTANT DEADLINES	First date of entry: October 20, 2024 Final date of entry: November 12, 2024 Payment deadline: November 30, 2024
SITE	The MIT Competition Pool at the Zesiger Center has two 25-yard competition courses with seven-foot-wide lanes and non-turbulent lane lines and a separate 6 lane 25-yard warm-up and warm down pool. Depth of start and turn end approximately 7 feet deep. Timing Systems are fully automatic Colorado Time System with touchpads and electronic display for both pools. The facility provides spectator gallery seating for approximately 400. The pool is located inside the MIT Zesiger Center, 120 Vasser Street, Cambridge, MA 02139. The competition course has been certified in accordance with 104.2.2C(4), the copy of such file is on file with USA Swimming.
FORMAT:	• The meet will be run in two pools. • The 13-18 prelim/final events will swim as 13-18 in the prelims with two heats of 13-14 and two heats of 15-18's advancing to finals. An extra heat, based on gender and age, may be added in finals if time and numbers permit. • 11-12 events are prelim/finals with one heat of 10 swimmers advancing to finals. • 10 & Under events are timed finals. • The Thursday evening session is an "open" 1650 Freestyle and the prelims (first round of all entered) of the 50 shoot outs. The Semi heat, (top 16), will compete during Friday Finals session and the Finals (top 4) will compete on Saturday during the Finals session. The Thursday shoot-out events are considered Trial/Final events and are subject to the 3 event limit on Thursday evening only. • Swimmers must provide their own timers for 1650 free. No events will swim with more than one swimmer per lane. 1650 Yard Freestyle will be swum fastest to slowest alternating girls and boys.

	• ALL 11/12 EVENTS that are 200 Yards and over MAY REQUIRE AGE GROUP BB CUT. • Each session will be pre-seeded by computer based on scratches that are due by 5:45 PM the previous evening. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each event at the Clerk of Course table.
SCRATCHES	• This meet will utilize a modified version of the USA Swimming National Championships scratch rule for finals only. All events are "scratch-only"; no positive check-in will be utilized. There is NO penalty for failure to compete in a prelim or timed final event however, please scratch by the proper deadlines to insure the best experience for all. The scratch deadline for Friday's events is 5:45 PM Thursday. The scratch deadline for Saturday and Sunday events is 5:45 PM Friday and Saturday. Scratches may be submitted via email to riswimsac@gmail.com or made on deck with the Administrative Official at the meet. • Failure to compete in the finals round of a prelim/finals event, without properly scratching, will result in the swimmer being barred from all further competition for the remainder of the meet, including relays and time trials. If the swimmer has no further competition from which to be penalized, a $100 fine will apply. Scratches from finals will be conducted in accordance with articles 207.11.6D and 207.11.6E in the USA Swimming rules. Any swimmer who competes in a preliminary heat and qualifies for Finals must notify the Admin Referee of his/her intention to withdraw from Finals within 30 minutes of announcing the results; email scratches from finals will not be accepted. A swimmer not originally announced or posted as qualifying for finals, who is seeded in a final due to the scratch of another swimmer, will not be penalized for failing to swim in that final; however, swimmers finishing within the top forty (40) are asked to scratch from finals if they do not intend to swim, so that the Administrative Referee will be able to properly seed the meet for finals. • Swimmer can pay $100 to be reentered after a no-show during finals.
COURSE	SCY
ELIGIBILITY	• All swimmers must be currently registered as athlete members of United States Swimming before 5:00 pm on the day before the first day of the meet. New England swimmers must have a proof of age on file by the above deadline in order to compete • Age is determined by the age of the swimmer on the first day of the meet. • Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Coaches must be registered before the start of the meet. • If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to $100.00 per event against the individual, member coach, or a member club submitting the entry. • Deck registrations will NOT be accepted. • 200 yard events may be limited to BB time standards.
DISABILITY SWIMMERS	• Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
ENTRY POLICY	75%/25% • The meet host may allocate 75% of splashes for the meet. The host team's entries are included in this allocation. • Teams that are included in the 75% of guaranteed entries must submit their entry and payment to the host team no later than 7 calendar days before the first date of entries, or the host team may remove them from the 75% of guaranteed entries. • If a specified allocation of splashes is granted to a team and agreed upon in writing between the meet host and attending team, the attending team is financially responsible for that allocation if unused, unless the meet host is able to substitute other participants to fill the unused splashes.

	• 25% of the splashes must be reserved for other interested teams. Entries open at 12:00 am on the first date of entry acceptance; entries received before the first date of entry acceptance are considered received on the first day of entry acceptance. All entries received on the same calendar day are considered tied. • Should the meet become oversubscribed, and entries tied in sequence require resolution, a lottery will be conducted by the New England Swimming office. Results of the lottery will be shared with all involved parties. • Should the meet host improperly reserve 25% of available splashes, it must first adjust its own entry prior to applying cut protocols to the meet.
CUT PROTOCOL	If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour policy using the following cut protocols in any order deemed necessary: • Teams may be asked to cut each athlete to no more than two fewer events per day than the maximum allowed. • Entries may be cut by time or to a specific number of heats for specified events. • Teams may be asked to cut relay events. • If deck scratches allow a reasonable timeline, the swimmers can be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet.
ENTRIES	• Electronic entries should be emailed as an attachment to the entry chairperson. Please check that your team's name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: **November 12, 2024** Failure to pay entry fees by this deadline could result in teams being barred from the meet. • Mail completed signed entry cover page and waiver, and payment to the entry chairperson: o SAC SWIMMING o PO BOX 190 o DOVER MA 02030. • Any team that fails to send payment, cover page and waiver form, by the entry due date may be scratched from the meet and may be assessed a $100 fine at the discretion of the Entry Chairperson. If no payment is received after 30 days, the fine is doubled. This fine is payable to SAC SWIMMING or Shawmut. Late payment of entry fees may result in future exclusion from meets hosted by our club. • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery. • Entries will be acknowledged within 48 hours of the first date of entry if they are accepted into the meet. ***Your entry is considered received only if you receive an acknowledgement.*** • All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins. • All entry times must be entered in the specified meet course. (Coach's times may be used instead of NT's) • Athletes may enter as many events as they choose but may only compete in a maximum of 6 individual events per day for timed final events, or 3 individual events per day for trials/finals events (includes Thursday night). Time trials count in the per day event count. • **ENTRY TIME UPDATES:** Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chair. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.) • No deck entries will be accepted.
RELAYS	• Dual Human Confirmation of relay take off violations will be required at all New England Swimming meets. • Relays will be not be limited per team per event. • All relay swimmers must be officially entered into the meet. • Unattached swimmers may not participate in any relays.

	• Mixed relays must consist of four swimmers, two of each gender.
TIME TRIALS	Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows.
FEES	• Timed final individual events 200 yards and under: $5.00 • Distance events (events 400 yards and over). $10.00 • Trials/Finals events $6.00 for • Relays: $20.00 • Time Trials $10.00 for IE, $40 for relays • Swimmer Participation Fee is $25.00 per swimmer • NES Travel Fee: $1.00 per swimmer (to be included in the check and the host team will send to NESwimming) • Non-electronic entries: $5.50 for individual, $10.50 for distance and $25.00 for relays.
ADMISSIONS	• PROGRAMS: $5
MEET MOBILE	**MEET MOBILE:** Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.
WARM-UP	*Teams will be assigned warm-up lanes after all entries are received.* See "Safety" for Warm-up safety guidelines.
AWARDS	Heat winner awards on bell
SCORING	The meet will not be scored.
LEGAL SPLITS	**Individual Events:** Preferably, legal splits should be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party should supply an additional timer(s) on the lane for the split, if necessary, to ensure an accurate time. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course. Optionally, a legal split may be requested after the event using a legal split form when using a fully automatic timing system. The Admin Official has discretion to either grant or deny the request after reviewing the available evidence. Backstroke legal splits must be requested in advance to ensure a legal finish**.** **LEGAL SPLITS – Relays:** All lead-off splits for relays are automatically loaded into SWIMS and do not require additional watches for validation unless there are no touchpads present, or the second swimmer starts in the water. If there are no touchpads, or the second swimmer starts in the water, a legal split form with three watches will be required for entry into SWIMS. Timers must be positioned over the lane at the end of the racing course. It is recommended that coaches report lead-off time discrepancies to the Administrative Referee or Administrative Official.
SWIMWEAR	Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under Tech Suit Restriction for 12-and-Under Swimmers.
RULES	• The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. • Operation of a **DRONE**, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted. • **PHOTOGRAPHY**: As per New England Swimming policy, professional photographers contracted by the SAC SWIMMING or SHAWMUT, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks,

	including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests. • **VIDEO STREAMING**: All video streaming must be approved in advance by the Meet Director. Any such video stream must conform to all current Safe Sport policies defined by USA Swimming, New England Swimming, and the Meet Host. No video stream may originate from behind the starting blocks or from any other area marked as a NO CAMERA ZONE. • Deck Changing is **PROHIBITED**. • An athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. • According to New England Swimming Best Practices, all athletes should shower before entering the pool. • In accordance with New England Swimming Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
SAFETY	• No shaving is permitted at the competition site. • No glass containers are permitted within the facility. • Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups. • Lifeguards on duty **WARM UP SAFETY:** • Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time. • For all warm-up sessions, swimmers must utilize a "sit and slide"/ "three-point" entry to enter the pool for warm-ups, by first sitting on the deck, and then sliding, feet-first, into the pool. • During competition, when entering the warm-up/warm-down area, a "sit and slide"/ "three-point" entry is required at all times." • In extraordinary cases, due to bulkheads and other pool designs, it may be determined that it is unsafe or impossible for swimmers to perform the required sit and slide entry. In such extremely rare cases, the sit and slide rule may be modified. Exceptions to the sit and slide rule shall only be made when performing the sit and slide entry poses risk of injury to swimmers and/or risk damaging or ripping of swimsuits. An exception to the sit and slide rule shall only be made when the Safety Monitor, Meet Director, and Meet Referee have evaluated the risks and unanimously determined that the use of the sit and slide entry poses such great risk as to be unsafe. In these cases, the Safety Monitor, Meet Director, and Meet Referee must determine and agree upon an alternative safety plan to ensure swimmer safety.
SAFE SPORT	• The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. • The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet. • Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport.

	Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. • For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report. • All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after December 12, 2024, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after December 12, 2024, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.
FACILITY RULES	Zesiger Pool Rules- Please help us maintain a high caliber event by following facility rules. • No lawn/coaches/directors' chairs, or helium balloons in the building. • No glass on deck. • Shoes must be worn beyond the aquatic center locker room and gallery. • No food or coolers on deck. Drinks in plastic containers only. • Athletes, Coaches, and Spectators are restricted to the aquatic center and main lobby. • Please bring bags on deck and do not leave belonging in locker room. • Clean up team area after each session. • Deck changing is not allowed at any time! Use of audio or visual recording devices include cell phones are not permitted on deck except during final award ceremony. Only professional media representatives who have been credentialed through the meet director and MIT will be allowed equipment on deck.
CHANGES TO MEET	Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Patrick Johnstone. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.
WEATHER/ FACILITY PROTOCOL	If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is the decision of the Meet Director, Meet Referee and the Meet Jury.
MEET JURY	The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams. The Meet Jury will decide all issues of eligibility, and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.
DECK ACCESS	Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be fined by New England Swimming of $100 to the coach, and $200 to the coach's club.
OFFICIALS	Officials that know they will be attending the meet are highly encouraged to email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available.
GENERAL	Hospitality will be provided for coaches and officials.
DIRECTIONS	List directions or list website source to find directions (optional)
HOTELS	Hotel information for traveling club (if appropriate)
EVENTS	List events and sessions on below

WAIVERS	USA Swimming, Inc., New England Swimming, Inc., and MIT, SAC SWIMMING and Shawmut cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/New England Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming/New England Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

ORDER OF EVENTS

Thursday PM: **Warm up: 4:30 PM Start: 5:30 PM**

Girls	Events	Boys
1	50 Free Shoot Out (Rnd 1)	2
3	50 Breast Shoot Out (Rnd 1)	4
5	1650 Free	6
7	50 Back Shoot Out (Rnd 1)	8
9	50 Fly Shoot Out (Rnd 1)	10

Friday 13-18 Prelim Session: Warm up: 7:30 AM, Start: 8:30 AM

Girls	Events	Boys
11	13 -18 200 Free Relay	12
13	13-18 200 IM	14
15	13-18 50 Free	16
17	13-18 100 Breaststroke	18
19	13-18 500 Free	20

Friday 11-12 Prelim Session: Warm-up: 12:30 PM, Start: 1:10 PM

Girls	Events	Boys
21	11-12 200 Free Relay	22
23	11-12 200 IM	24
25	11-12 50 Free	26
27	11-12 100 Breast	28
29	11-12 50 Back	30
31	11-12 500 Free	32

Friday 10 & Under Session: Warm-up: 12:30 PM, Start: 1:10 PM

Girls	Events	Boys
33	10 & Under 200 Free Relay	34
35	10 & Under 200 IM	36
37	10 & Under 50 Free	37
39	10 & Under 100 Breast	39
41	10 & Under 50 Back	42

Friday Finals: Warm-up: 5:00 PM, Start: 5:40 PM

Girls	Events	Boys
	50 Free Shoot Out (Semi 16)	
	50 Breast Shoot Out (Semi 16)	
	50 Back Shoot Out (Semi 16)	
	50 Fly Shoot Out (Semi 16)	
	11-12, 13-14,15-18 200 IM	
	11-12, 13-14,15-18 50 Free	
	11-12, 13-14,15-18 100 Breast	

	11-12 50 Back	
	11-12, 13-14,15-18 500 Free	

Saturday 13-18 Prelim Session:
Warm-up 7:30 AM, Start 8:30 AM

Girls	Events	Boys
43	13 -18 200 Medley Relay	44
45	13-18 200 Free	46
47	13-18 100 Fly	48
49	13-18 200 Back	50
51	13-18 400 IM	52

Saturday 11-12 Prelim Session:
Warm-up: 12:30, Start: 1:30 PM

Girls	Events	Boys
53	11-12 200 Medley Relay	54
55	11-12 200 Free	56
57	11-12 50 Breast	58
59	11-12 100 Fly	60
61	11-12 200 Back	62
63	11-12 400 IM	64

Saturday 10 & U Session:Warm-up: 5:00 PM, Start: 5:35 PM

Girls	Events	Boys
65	10 & Under 200 Medley Relay	66
67	10 & Under 200 Free	68
69	10 & Under 50 Breast	70
71	10 & Under 100 Fly	72
73	10 & Under 500 Free	74

Saturday Finals:
Warm-up: 5:00 PM, Start: 5:40 PM

Girls	Events	Boys
	50 Free Shoot Out (Top 4)	
	50 Breast Shoot Out (Top 4)	
	50 Back Shoot Out (Top 4)	
	50 Fly Shoot Out (Top 4)	
	11-12, 13-14,15-18 200 Free	
	11-12 50 Breast	
	11-12, 13-14,15-18 100 Fly	
	11-12, 13-14,15-18 200 Back	
	11-12, 13-14,15-18 400 IM	

Sunday 13-18 Prelim Session:
Warm-up: 7:30 AM, Start: 8:30 AM

Girls	Events	Boys
75	200 MIXED 13-18 Free Relay	
76	13-18 100 Back	77
78	13-18 200 Breast	79
80	13-18 100 Free	81
82	13-18 200 Fly	83
84	13-18 1000 Free	85

Sunday 11-12 Prelim Session: Warm-up: 12:30 PM, Start: 1:10 PM

Girls	Events	Boys
86	11-12 200 MIXED Free Relay	
87	11-12 100 Back	88
89	11-12 100 IM	90
91	11-12 50 Fly	92
93	11-12 200 Breast	94
95	11-12 100 Free	96
97	11-12 200 Fly	98

Sunday 10 & U Session: Warm-up: 12:30 PM, Start: 1:10 PM

Girls	Events	Boys
99	10 & Under 200 MIXED Free Relay	
100	10 & Under 100 Back	101
102	10 & Under 100 IM	103
104	10 & Under 50 Fly	105
106	10 & Under 100 Free	107

Sunday Finals: Warm-up: 5:00 PM, Start: 5:40 PM

Girls	Events	Boys
	11-12, 13-14,15-18 100 Back	
	11-12 100 IM	
	11-12 50 Fly	
	11-12, 13-14,15-18 200 Breast	
	11-12, 13-14,15-18 100 Free	
	11-12, 13-14,15-18 200 Fly	

NE SWIMMING	**Shawmut Candy Cane Classic** **at MIT** **December 12-15, 2024** Held under the sanction of USA Swimming/New England: NE25-1212SAC	**Hosted by** ***SSRP***

CONTACT INFO	CLUB NAME: CONTACT NAME: CONTACT EMAIL CONTACT CELL PHONE: LIST UNATTACHED SWIMMERS:
ENTRY FEES	Individual Entries (200 yards and under) @ $5.00 = $ _____ Trials/Finals Event Entries @ $6.00 _____ = $ _____ Distance events @ $10.00 _____= $_____ Relays @ $20.00 each _____= $_____ Swimmer Participation Fee: # athletes____ @ $25.00 = $ _____ NE Travel Surcharge: # athletes ___ @ $1.00 each = $_____ TOTAL DUE: $_____
PAYMENT	Make checks payable to: SAC SWIMMING Send to: SAC SWIMMING PO BOX 190 Dover, MA 02030 Payment deadline: November 12, 2024
WAIVER:	**LIABILITY RELEASE** Any swimmer whose entry is accepted will, for him/herself, his/her theirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming Inc, SAC Swimming MIT and Shawmut for any and all injuries suffered by him/her at said meet, including Covid 19. In submitting this entry, the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined $100 for each swimmer in the entry that is not registered with USA Swimming. _____ _____ Signature of Authorized Team Official Date